



Gain a Diploma that will allow you to deliver Life Coaching anywhere in the World.

This diploma is essential for individuals who want to set up and establish their Life Coaching business anywhere in the world. They may have previous coaching experience or sufficient life experience to help coach others.

At this level coaches have the appropriate tools and abilities to ensure their clients receive world class coaching and the business skills required to establish, promote and maintain your services.

Get qualified quickly and with ease. Study with Registered Training Australia today.

Flexible Self Paced Learning

Our easy to complete mobile, online and correspondence courses allow you to complete your studies from home at your own pace without having to give up your job and current earnings.

You will have 12 months to complete your studies and you will be provided with all of the tools necessary to complete your studies. Extensions may be available upon request.

What is Included

Being a student with Registered Training Australia, you will receive on-going support from our Education Team. Support is provided online, via email, and by telephone Monday-Friday between 9.30am - 4.30pm EST.

You will also receive access to the Student Online Learning Portal to complete your assessments and access your very own assessor.

Competency Based Training

All of our courses are competency based. That means that you cannot fail our courses. You will receive your qualification once you have obtained a competent result.

Professional Membership

As a student you receive free membership to the Australian Institute of Life Coaches. Upon graduation, you will receive 12 months complimentary membership.

Registered Training Australia

Registered Training Australia is a Registered Training Organisation (RTO Number 32403) which provides and delivers the training, and issues all qualifications in accordance with the AQTF and Australian Qualifications Framework (AQF).

Job Opportunities

Job roles and titles vary across different industry sectors. Possible job titles relevant to this qualification include:

- Life Coach.



Units of Competency

- RTACFND01A** Utilise relevant psychological based models in understanding human behaviour
Psychology is the study of animal and human behaviour. This course will develop your ability to analyse aspects of a person's psychological state and apply derived knowledge to motivate that person. This provides a solid introduction/foundation for further studies of psychology covering the nature and scope of psychology, neurological and environmental effects on behaviour, personality, consciousness, perception, needs, drives and motivation. This unit gives you an interesting and informative start to the exciting field of psychology. This unit is perfect for students who want to gain a strong foundation in psychology and understanding people and provides an outline of the most common models used in coaching.
- RTACFND02A** Apply an understanding of motivational psychology with coaching clients.
Motivated people work better, live more satisfied lives and are generally healthier and happier. Motivated employees drive the success of a business. Learn how to get the best of employees by understanding more about this fascinating subject. Motivation is very simply, a process or mechanism that causes us to act or think in a certain way. It is a general term for any part of the hypothetical psychological process that involves experiencing needs and drives, and the behaviour that leads to the goal that satisfies them. In this unit you will be able to identify a range of situations where motivational skills can be applied, and determine an appropriate way to initiate and maintain motivation in each of those situations.
- RTACNFD03A** Understanding the principles of neuro-linguistic programming (NLP)
Understanding the principles of neuro-linguistic programming (NLP) is essential for any Life Coach. As a Life Coach you will be working with a wide range of unique clients, all of whom will need to be coached differently to gain effective results. Learning how to communicate with your clients effectively is the key to success, and at the end of this unit, you will be able to select the appropriate coaching style for your client's need.
- RTACNFD04A** Operate within accepted coaching practices, styles and legal and ethical responsibilities
On completion of this unit, you will be able to apply the knowledge and skills to use coaching practices and styles necessary to operate in accordance with the legal and ethical responsibility of a coach and accepted coaching practices. Personnel undertaking this unit would be coaching clients in a performance based environment such as Life Coaching, Business Coaching, Executive Coaching or Workplace Coaching.
- RTAAILC05A** Prepare and undertake an initial life coaching session with a client
This unit describes the performance outcomes, skills and knowledge required to plan a coaching strategy within the Life Coaching context. At the completion of the initial session, the Life Coach has a more detailed understanding of the client's goals, barriers and level of commitment. The Life Plan is an important starting point and allows the shorter term goals to be set in the context of the longer term vision. The Life Coaching program also sets out the level of contact, support and other resources or people that will ensure that the client is successful. The Life Coaching Program is designed to have your client live a life of purpose. The Life Plan won't insulate the client from life's many adversities and unexpected twists and turns, but it provides the broader framework so that these setback can be kept in context.
- RTAAILC06A** Design, plan and deliver life coaching sessions
Delivering regular Life Coaching sessions can be conducted in a range of methods including face to face, telephone, video calls and email. In this unit you will learn the different methods of communication used by Life Coaches and ways to keep your client clear, focused and in action. Many clients will experience challenges as they move towards their personal goals and it is important for the coach to identify these processes and provide what is necessary for the client to continue their progress.



Units of Competency

RTACUS402A Address customer needs

This unit describes the performance outcomes, skills and knowledge required to manage the ongoing relationship with a customer, which includes assisting the customer to articulate their needs, meet customer needs and manage networks to ensure customer needs are addressed. No licensing, legislative, regulatory or certification requirements apply to this unit at the time of endorsement.

RTAREL401A Establish networks for business

This unit describes the performance outcomes, skills and knowledge required to develop and maintain effective work relationships and networks. It covers the relationship building and negotiation skills required by workers within an organisation as well as freelance or contract workers. This unit applies to individuals with a broad knowledge of networking and negotiation who contribute well developed skills in creating solutions to unpredictable problems through analysis and evaluation of information from a variety of sources. They may have responsibility to provide guidance or to delegate aspects of tasks to others. The ability to establish a range of networks is critical for the success of a Life Coach and their clients.

RTASMB403A Market your small business

This unit describes the performance outcomes, skills and knowledge required to coordinate and review the promotion of an organisation's products and services. This unit applies to individuals with a broad knowledge of the promotion of products and services specific to an organisation. They may have responsibility to provide guidance or to delegate aspects of these tasks to others. The information included in the unit provides the opportunity for students to develop a marketing plan designed to attract potential Life Coaching Clients.

RTAMKG413A Promote your products and services

This unit describes the performance outcomes, skills and knowledge required to coordinate and review the promotion of an organisation's products and services. This unit applies to individuals with a broad knowledge of the promotion of products and services specific to an organisation. They may have responsibility to provide guidance or to delegate aspects of these tasks to others.



Payment Options

Deposit	No. Payments	Frequency	Amount	Total Cost
NIL	1	Upfront	\$2950.00	\$2950.00
\$450.00	15	Fortnightly	\$200.00	\$3450.00
\$350.00	20	Fortnightly	\$165.00	\$3650.00
\$225.00	55	Weekly	\$65.00	\$3800.00
\$200.00	75	Weekly	\$50.00	\$3950.00